

# THE CONGESTION CONSULTATION

- 1 Customer comes into the pharmacy and describes their symptoms
- 2 Rule out other conditions or red flag symptoms
- 3 Outline management options, including self-care tips
- 4 Advise on which products or combination products are most suitable and provide counselling advice on their use
- 5 Provide advice on when patients should see their GP



**UNBEATABLE STRENGTH DUAL-EFFECT TABLET TO HELP UNBLOCK YOUR NOSE AND CLEAR YOUR HEAD**

SUDAFED® Decongestant Tablets (Pseudoephedrine)  
Pseudoephedrine hydrochloride  
For verification, please call 0808 238 9999

**C+D Counter Assist**

Brought to you by **SUDAFED®**

Sudafed Decongestant Tablets (Pseudoephedrine HCl 60mg) Product Information **Presentation:** Reddish-brown, round, biconvex film-coated tablets, with 'Sudafed' on one side. Tablets contain pseudoephedrine HCl 60mg. Uses: Symptomatic relief of allergic rhinitis, vasomotor rhinitis, common cold and influenza. **Dosage:** Adults and children over 12 years: 1 tablet every 4-6 hours up to 4 times a day. **Contraindications:** Hypersensitivity to ingredients, severe hypertension or coronary artery disease, with or within 2 weeks of receiving MAOIs. **Precautions:** Mild to moderate hypertension, renal impairment, severe hepatic impairment, heart disease, diabetes, hyperthyroidism, elevated intraocular pressure, prostatic enlargement. Patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine. Concomitant use of tricyclic antidepressants, bretylium, betanidine, guanethidine, debrisoquine, methyl dopa, alpha and beta blockers, other sympathomimetic agents. **Pregnancy and lactation:** Not recommended **Side effects:** Sleep disturbance, skin rash, urinary retention, rarely hallucinations. **RRP (ex VAT):** 12s, £3.47 **Legal category:** P PL Holder: McNeil Products Ltd., Foundation Park, Roxborough Way, Maidenhead, SL6 3UG. **PL Number:** PL 15513/0024 **Date of prep:** January 2013.

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